



# happy mums happy bubs

**NEW Breastfeeding &  
Baby Care DVD with Midwife  
& Lactation Consultant, Kate Hale**

This 1 hour and 20 minute  
DVD by Kate Hale includes  
in-depth information on:

Attachment, breastfeeding,  
breastmilk, mastitis,  
dressing, bathing &  
wrapping your baby  
and much, much more.



[www.happymumshappybubs.com.au](http://www.happymumshappybubs.com.au)